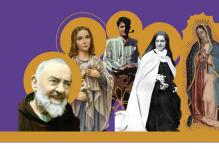


CHRIST 40 DAYS. W THE LITY 40 NAMES.



Join 5,000+ people across the country in in these daily challenges & prayer for the homeless by name each day during Lent!		DAY 13 <i>Mar 16</i>	Fast from media, find a way to embrace silence Pray for Bill	DAY 27 Apr 1 DAY 28	Cook for a friend Pray for Auggie Declutter an area of your home
DAY 1 <i>Mar 2</i>	Make a prayer space in your home Pray for Mama Jerri	DAY 14 <i>Mar 17</i>	Reflect with gratitude at the end of the day Pray for Ed	Apr 2 SUNDAY:	Pray for Howie Pray the Glorious Mysteries of
DAY 2	Give away an item you value	DAY 15 <i>Mar 18</i>	Exercise and offer it up Pray for Mike	Apr 3	the rosary Reflections available at christinthecity.org/rosary
Mar 3 DAY 3 Mar 4	Pray for Steve Attend Stations of the Cross Pray for Josh	DAY 16 <i>Mar 19</i>	Find a creative way to celebrate St. Joseph's Feast Day! Pray for Little Joe	DAY 29 Apr 4	Repeat an outfit from the day before Pray for Mark
DAY 4 <i>Mar 5</i>	Write a note to someone who has impacted your life Pray for Wilfredo	SUNDAY: Mar 20	Pray the Sorrowful Mysteries of the rosary Reflections available at christinthecity.org/rosary	DAY 30 Apr 5 DAY 31	Thank a teacher Pray for Rudy Spend 30 minutes in a Chapel
SUNDAY: Mar 6	Pray the Glorious Mysteries of the rosary Reflections available	DAY 17 <i>Mar 21</i>	Call someone who lives alone Pray for Skye	Apr 6	Pray for David
DAY 5 Mar 7	at christinthecity.org/rosary Invest in a coworker or neighbor Pray for Crystal	DAY 18 <i>Mar 22</i>	Offer your name and a smile to someone new Pray for Ron	DAY 32 <i>Apr 7</i>	Take a photo to remember the day Pray for Jessie
DAY 6	Take 10 minutes of silence in the middle of the day	DAY 19 <i>Mar 23</i>	Treat someone to coffee Pray for Bruce	DAY 33 Apr 8	Do one small act of kindness Pray for Brooks
DAY 7	Pray for Robert Fast from eating between meals	DAY 20 Mar 24	Pray for someone who has impacted your life	DAY 34 Apr 9	Go to Confession Pray for Peter
Mar 9	Pray for Shanna Ask a friend for prayer	DAY 21 Mar 25	Pray for Larry Go to Mass, ask for Mary's intercession on this Solemnity	SUNDAY: Apr 10	Pray the Sorrowful Mysteries of the rosary Reflections available at christinthecity.org/rosary
Mar 10	intentions Pray for Freddy	DAY 22	Pray for Elaine Make homeless care kits	DAY 35	Make a new friend Pray for Patrick
DAY 9 Mar 11	Let your favorite priest(s) know you appreciate them Pray for Lucky	Mar 26	Visit christinthecity.org/tips Pray for James	DAY 36 Apr 12	Reflect on the Gospel of the day Pray for Anthony
DAY 10 Mar 12	Invite a friend to volunteer somewhere with you	SUNDAY: Mar 27	Pray the Luminous Mysteries of the rosary Reflections available at christinthecity.org/rosary	DAY 37 Apr 13	Make a list of reasons to be grateful and thank God for them
	Pray for Daren Pray the Joyful Mysteries of	DAY 23 <i>Mar 28</i>	Listen to a Catholic podcast Pray for Kevin	□ DAY 38	Pray for Allen Attend a Holy Thursday service
SUNDAY: Mar 13	the rosary Reflections available at christinthecity.org/rosary	DAY 24 Mar 29	Reach out to your parents or a family member	Apr 14	Pray for Jacob
DAY 11 Mar 14	Intentionally listen throughout the day	DAY 25	Pray for Max Donate to a parish or	DAY 39 Apr 15	Reflect on the 5 wounds of Christ Pray for Sheri
□ DAY 12	Pray for Six Learn about a Saint and share	Mar 30	charitable cause Pray for Levi	DAY 40 Apr 16	Reflect with gratitude Pray for Reggie
Mar 15	their story with someone Pray for Rodney	DAY 26 <i>Mar 31</i>	Reach out and encourage someone who is struggling	April	17 Happy Easter!



Pray for Chris





Our ministry is dedicated to empowering people just like you to understand the complexity of homelessness and to discover practical and relational solutions for real change in your own community.

PRAYER

This Lent, the Christ in the City missionaries will be uniting in prayer with 5,000+ people across the country. On each day, you'll find the name of one of our closest homeless friends to pray for!



Make a prayer space in your home

Pray for Mama Jerri



Attend Stations of the Cross

Pray for Josh

FASTING

Join us in these daily challenges. Fasting allows us to put the created order and our spiritual life in proper balance. The small suffering we experience when we fast can bring us closer to Christ's own suffering on the cross.



Fast from eating between meals

Pray for Shanna



Fast from media, find a way to embrace silence

Pray for Bill

ALMSGIVING

Almsgiving is an act of solidarity with those who struggle with poverty, helping us to recognize our common humanity.

By joining Known & Loved, our monthly giving community, you are sending people out across the country to encounter the poor using Christ in the City's relational approach-- seeing a person to be loved, not a problem to be fixed. Join this Lent and get a Mother Teresa mug! Donate at www.christinthecity.org today.

